



THE ZOFY VOCATIONAL COURSE

Active since 2003, our course is designed to give an all-around training. It includes intense practice of the main Circus Arts disciplines, Acting, modern Dance, and personnel project development. We follow the guidelines and actively participate in both the Swiss Federation of circus Schools and the European Federation of Professional Circus Schools (FEDEC).

OUR GOALS

- 1) Achieve a high level of technical and artistic competencies in one or two favorite disciplines.
- 2) Define and develop his general artistic competencies through various group/individual projects
- 3) Develop adequate teaching skills as Circus Arts trainers for 3 hours per week.
- 4) Develop a complete personal artistic project that will evolve into a full Circus Act.
- 5) Develop the technical/artistic abilities and skills needed to EITHER integrate the job market as Circus Artists or as teachers in Circus Arts, OR to prepare for entrance into higher international Diploma Schools.

OUR PROGRAM & TEACHERS

This course aims at acquiring an all-around training as a Circus Artist. It covers the main Circus disciplines, Circus Arts teaching techniques, Acting, Modern Dance, Project development techniques, and finally, a personalized teaching in a chosen discipline, according to the individual project and needs of each student. The artistic dimension is present during the entire course, and there are several opportunities for public performances throughout each year. Two annual shows are designed by students as group projects, in every step, from creation to production. The end of year show should not only integrate all acquired physical and artistic skills, but also develop and clarify their individual artistic approach. At the end of the course, students will obtain an internal School Certification.

Sophie Albasini

Artistic Director and administrator.
Teaches Contorsion, Acting, and all
Aerial disciplines.

Zygmunt Biegaj

Technical Director. Teaches conditioning,
hand to hand, balancing, Cyr wheel,
russian swing, teeter board and
hungarian board

David Widmer

Teaches conditioning,
Juggling, hand to hand,
monocycle, acrobatics,
teeter board and
hungarian board

Valérie Renault

Modern dance
teacher and
choreographer

Witold Biegaj

Teaches hand to hand,
monocycle, hungarian
board, group bicycle,
Russian bar, Russian
swing, chinese pole

Simon Progin

Teaches conditioning,
Acrobatics, Trampoline,
teeter board and
hungarian board.



MINIMUM REQUIREMENTS & BRIEF COURSE DESCRIPTION

- You must be 16 years old or over, and hold an End of mandatory School Certificate or equivalent paper.
- You must have a solid previous experience in Circus Arts or in another acrobatic/artistic activity such as dance, gymnastics, trampoline, ice skating etc...
- You must demonstrate high physical and artistic abilities, as well as motivation and autonomy.

- In Spring, 2 selection days.
- Course starts at the end of August.
- Course ends at the end of June.
- 30 hours per week attendance.
- 3 hours per week teaching.
- Occasional contracts as performers or teachers.

DISCIPLINES

Acrobatics: Tumbling, Trampoline, russian swing/bar, Chinese Pole, teeter and hungarian board, Icarian games, Cyr wheel.

Aerial: Silks, aerial straps, aerial cradle, aerial hoop, vertical rope, static and swinging trapeze

Balancing skills: Hand-to-hand, banquine, unicycle, rola bola, stilts, free-standing ladder, tightwire, smooth rope.

Object Manipulation: juggling, contact juggling, diabolo, hula-hoop.

Acting: Role Play - Learning to create a character.

Modern Dance: Techniques, body expression & movement, Choreography.

FEES

Fees have been reviewed to 300 Swiss Francs/month to match European prices. Students are responsible for their own room and board arrangements and possible medical costs.